



We understand that you may be concerned about the impact COVID-19 has had on your studies. However, we want to reassure you that we're available to help and support you throughout your time at LSE.

Whatever your query, big or small, there are a range of services you can utilise and people you can speak to and who will be happy to help.



Hear from Diego, Elli, Emma, Ibrahim, Jadesola, Michael, Olivia and Sita, as they share their experience using our support services.

Academic support

Prepare to learn at LSE

Once you complete online pre-enrolment and set up your LSE IT account, you'll be able to access **Prepare to learn at LSE** to help you get off to a good start and make the most of what LSE has to offer. Work through the online activities and examples, check out the guides and videos, and reflect on your goals to learn more about what it's like to be an LSE student.

You'll discover

- what it's like to learn at LSE - and at university in the UK,
- the skills you'll develop for your everyday academic work,
- where you can find help during your entire time at LSE (and beyond!) and some of the tools you'll need to get started,
- questions and ideas to reflect on your goals, ideas, and aspirations.

You'll receive more details on how to access Prepare to learn at LSE once your LSE IT account is activated, after you pre-enrol online.

LSE LIFE

[LSE LIFE](#) is the place to come to develop the skills you'll need to reach your goals at LSE – whether it's about academic work or other personal pursuits. They're there all year long to help you find your own ways to study and learn, think about where your studies might lead you, and make the most of your time at LSE.

[LSE LIFE](#) offers workshops and personalised one-to-one sessions where you can get advice and ask questions about reading, making notes, writing, managing your time, research, exam revision, and more!

You might also find [LSE LIFE's podcast series](#) useful. The podcasts cover key skills for academic work, and each episode is accompanied by a transcript, a summary of key points, further resources, and some tasks to get hands-on practice.



Watch this video to see [what it's like in the LSE LIFE space](#) on the ground floor of the Library, or take a few minutes with this video to [learn more about LSE LIFE and how they can support you](#) throughout your whole time at LSE.

Academic mentors

All students are allocated an academic member of staff as their [academic mentor](#). Their role is to monitor your academic progress and overall wellbeing during your studies and they can help with any academic, administrative or personal questions you may have.

Class teachers and seminar leaders

Class teaching is an integral feature of teaching and learning at the School and is performed by a mixture of faculty as well as graduate teaching assistants

(GTAs) and guest teachers. In addition to running classes, they also hold office hours, mark your work and provide feedback on it. Class teachers and seminar leaders will be available to assist with queries

Your wellbeing

Student Wellbeing Service

The [Student Wellbeing Service](#) is a collection of services dedicated to helping you improve your wellbeing whilst studying at LSE.



Disability and Wellbeing Service

The [Disability and Wellbeing Service](#) is the first point of contact for disabled students, both before arrival at LSE and throughout your time at the School.

The staff help students who have long term health conditions, sensory impairments, mental health and specific learning difficulties.

Student Counselling Service

The [Student Counselling Service](#) is a free and confidential service for all students.

They offer one to one appointments and drop in sessions. They also offer group based support and workshops on issues such as stress

The Disability and Wellbeing Service can help you create 'My Adjustments', which is a way of putting in place agreed reasonable adjustments for both teaching and for exams to [support your studies](#).

[Watch our video about the Disability and Wellbeing Service.](#)

Peer Support Scheme

The [Peer Support Scheme](#) enables students to talk confidentially to a fellow student about anything that is troubling them.

They provide student-led, confidential assistance and offer a space to be heard, emotional support and reassurance.

[Watch our video about the Peer Support Scheme.](#)

management, looking after yourself, building confidence and self esteem, procrastination and perfectionism.

[Watch our video about the Student Counselling Service.](#)

Off Campus Support Scheme

Our [Off Campus Support Scheme](#) helps first year undergraduate students who do not live in LSE halls of residence settle into life at LSE and connects them with the LSE community.



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