

LSE

Alumni Association
India

LSE SURVIVAL GUIDE 2021-22



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TIPS FROM A STUDENT 2020-2021

Divij Dugar, MSc Risk & Finance

- Working in groups helped me form connections in spite of the lockdowns.
- Having the recordings of the lectures is very useful and especially for those teachers who normally do not allow them to be recorded.
- Although the experience in digital is not the same as being on campus, you can take advantage of parks and public places to study.
- The city is very large and walkable, it is a good time to get to know the city on foot.
- **SEE THE CUP HALF FULL:** Pandemic restrictions allowed us to focus.
- Give yourself the opportunity to enjoy London throughout all your time there, manage yourself and do not leave it until the end of the part of walking and getting to know the city. With the pandemic, many could no longer do it.



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TIPS BEFORE YOU LEAVE



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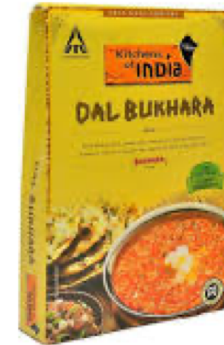
MEDICAL PREPARATION

- Carry commonly used medications (along with a doctor's prescription), a thermometer and an oximeter.
- Register with the NHS.
- While there, if you feel sick, never hesitate to ask for help or contact your flatmates and friends and call your health centre (NHS).
- Make a list of emergency contacts.



CARRY SOME FOOD FROM HOME

It can always be handy to have some quick fixes to put some food together and also to have some ready snacks from home. Pack accordingly although there are local Indian stores as well which do sell Indian provisions!



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CHECK IF YOU ARE ELIGIBLE FOR A SCHOLARSHIP WITH THE BRITISH COUNCIL

The British council provides various scholarships to eligible potential students.

Do check if you are eligible for one.

Visit: <https://www.britishcouncil.in/study-uk/scholarships>



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SOME MORE FOOD TIPS

- You will not always have time to cook food. One very cheap and good alternative for Indian food is to order a tiffin from '[Trishaz Treat](#)'.
- Here are some Indian restaurants around central London:
 - Sagar (covent gardens)
 - Saravana Bhavan (Charring Cross Road)
 - Fatt Pundit
 - Hoppers
 - Cinnamon Kitchen
 - Kati Roll Co.
 - Dishoom
 - Hankies
 - Cricket Soho
 - Lucknow 49
 - Masala Zone
 - Farzi Cafe
 - Dum Biryani

***But do explore other cuisines and enjoy everything London has to offer!
AND WRIGHT'S BAR AT LSE HAS SOME GREAT AND AFFORDABLE OPTIONS TOO!***



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EAT HEALTHY WHEN POSSIBLE

- Pret a Manger
- Tossed
- Tortilla
- Joe & The Juice
- Detox Kitchen
- Nandos
- Poke Zone
- Avo Bar
- Protein Hut
- Eat Activ
- Wasabi
- Urban Greens
- CPRESS
- Wagamama
- Chipotle
- Chilangos
- Black Sheep Coffee



ARRIVAL TIPS



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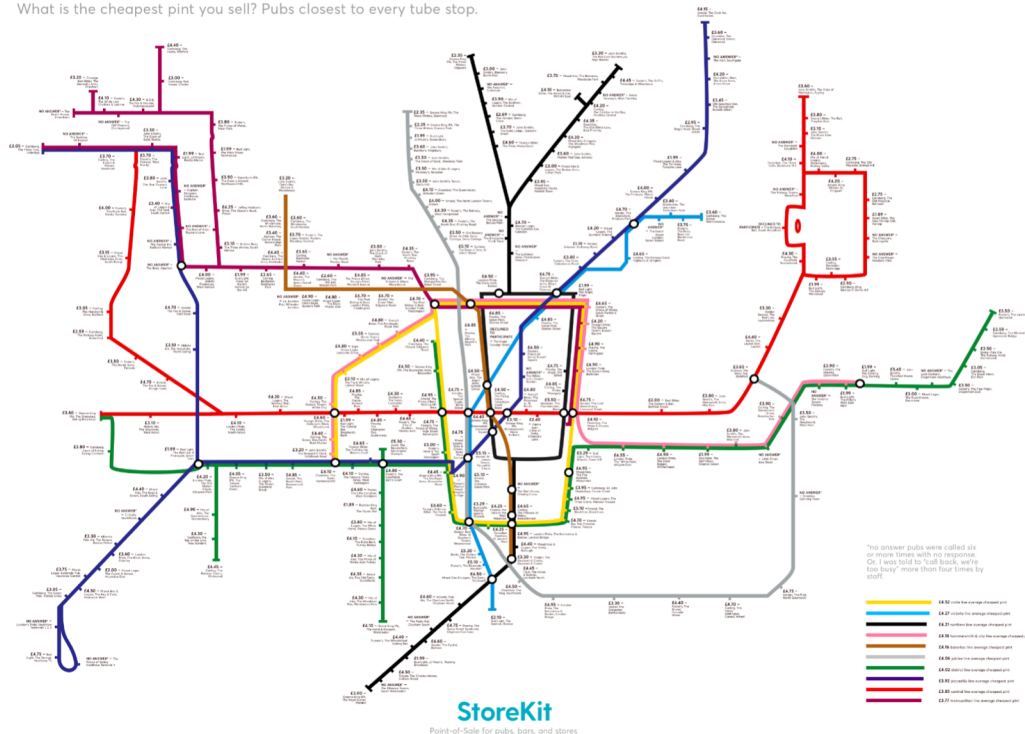
WHERE TO LIVE?



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What is the cheapest pint you sell? Pubs closest to every tube stop.

What is the cheapest pint you sell? Pubs closest to every tube stop.



Balance distances to travel the city,
personal life and transportation cost

Some options:

- [Student Halls](#)
- Share a flat
- Try both

Or try www.universityliving.com

And checkout the tube map to see
where you can get your cheapest pint!
(The Metropolitan Line has pubs which
serve the cheapest pints on average)



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MORE ON ACCOMODATION

- For more information on applying for LSE accommodation, please visit <https://www.lse.ac.uk/student-life/accommodation/apply>
- If you prefer independent student accommodations, you can check out **Chapter** (Kings Cross, Liverpool Street, etc), **IQ Student Living** (Shoreditch, City, Bloomsbury, and so on), **Scape** (Bloomsbury, Shoreditch, Kings Cross, etc.) and **Urbanest** (Westminister, City, Kings Cross, St Pancras, Tower Bridge) are among some of the most popular names for student accommodation.



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INDIAN EMBASSY

Should you require any assistance with matters of emergency, then please reach out to the Indian embassy.

Address: India House,
Aldwych, London WC2B 4NA.

Contact: +44 20 8629 5950



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BRP AND NHS

- Pick up your Biometric Residence Permit from a post office of your choice once in the UK. <https://www.gov.uk/biometric-residence-permits/collect>
- Register at an NHS clinic to be assigned a number and choose a doctor (it can be the LSE clinic or one close to your home, think about what you would prefer if you are sick)

<https://www.nhs.uk/using-the-nhs/nhs-services/gps/how-to-register-with-a-gp-practice/>



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LSE HEALTH CENTRE

- Register with the closest GP surgery as soon as you arrive. For LSE, the closest one is **St. Philips Medical Centre**.
- **Location**- 2nd Floor, Pethick-Lawrence House (PEL).
- **URL to register**- <https://www.stphilipsmedicalcentre.co.uk/>
- **Contact**- +44 20 7611 5131

Pharmacies not only dispense medicines, but also offer advice on common health problems for which you do not need an appointment.

IN CASE OF AN EMERGENCY, DIAL 999. IN CASE YOU NEED TO WALK-IN TO THE HOSPITAL, VISIT THE ACCIDENTS AND EMERGENCY (A&E) DEPARTMENT AT THE LOCAL HOSPITAL OR AN URGENT CARE CENTRE.



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OPEN A BANK ACCOUNT

- Obtain a letter of proof of enrollment in Student Services
- Review the requirements and charges for services to choose the bank that best suits you
- Have a look at the following link for more information on setting up a bank account - <https://info.lse.ac.uk/current-students/your-first-weeks/setting-up-a-bank-account>

Word of caution- Please avoid using ATMs on the streets as they can be easily manipulated. Try to use them INSIDE banks' branches as much as possible.



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ACADEMIC TIPS



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LANGUAGE CENTRE



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- Sign up for free English for Academic Purposes (Writing and Communication Skills) courses.
- Sign up for a chat group.

Please set up an appointment with your academic advisor and ask them for help. It is always a good idea to meet them at least once a term. You can ask them for recommendations if you would need one.



Gemma CORRELL 2014.



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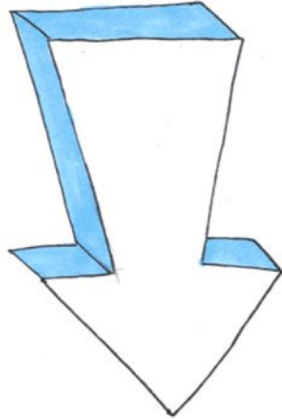


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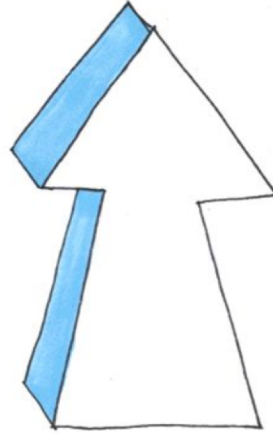
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UNDERESTIMATE

how long
projects will
take

+

OVERESTIMATE

how quickly
we can get
things done

=

THE
Planning
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HOW TO CHOOSE SUBJECTS?

- Take into account evaluation, due dates, your workload and exams.
- **Ask Alumni** for advice and their experiences.
- You can also ask your department for course information about **pass/fail rates** for the courses they offer. This can help you to decide if you should take the class.
- Another good idea is to **audit** each module for at least 1 week before you finally decide on whether or not you would like to pursue it.
- Make sure you keep in touch with your **academic advisor** at least once during the term.



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HOW TO SURVIVE READINGS?

- You will receive a lot of information and you will have very little time. Form study groups and make specific summaries of arguments and citations per reading.
- Make note of keywords that you will need as takeaways from each reading.
- Working on google docs and sharing the notes can help significantly.



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LSE LIFE

- At the start of each term, 'LSE life' publishes a calendar of talks and workshops useful for your work.
- Part of the richness of studying at LSE are the lectures and panels on various topics.
- Checkout the resources at LSE Life (<https://info.lse.ac.uk/current-students/lse-life/LIFE-goes-on>) . They offer one-to-one sessions with a study advisor, help with dissertation, workshops to increase or improve your skills.
- Do join the LSESU societies. You might find it useful to join the [LSESU India Society](#).
- Take advantage of them!



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LECTURERS' OFFICE HOURS

One of the great tips is to take advantage of the hours that all LSE teachers put at your disposal.

They will help guide you, suggest texts and provide feedback on your performance. You can ask them if they are willing to give you feedback on past exam papers before exams.



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NON ACADEMIC TIPS



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DISABILITY AND WELLBEING SERVICES (DWS)

LSE has a fantastic [DWS centre](#) that provides support to anybody who needs to seek assistance. At LSE, you will never feel excluded!



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Contacting DWS

- **Location:** Disability and Wellbeing Service, Third Floor, Fawcett House (FAW), Clements Inn, London WC2A 2AZ.
- **Website:** <https://info.lse.ac.uk/current-students/student-wellbeing/disability-wellbeing/disability-and-wellbeing-service>
- **Email:** disability-dyslexia@lse.ac.uk
- **Phone:** +44 20 7955 7767



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NOT “IF.” “WHEN.”

YOU WILL MOST LIKELY BREAK AT SOME POINT...

AND IT'S OK.

LSE Mental Health Advisers / Student Counselling Service
Personal Support System



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Contacting SCS

- **Location:** Counselling Service, Fourth Floor, Fawcett House (FAW), Clements Inn, London WC2A 2AZ.
- **Website:** <https://info.lse.ac.uk/current-students/student-wellbeing/student-counselling>
- **Email:** student.counselling@lse.ac.uk
- **Phone:** +44 20 7852 3627



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CAREERS

LSE has a great careers services centre which helps with:

- CV checks
- Cover Letter preparation
- Mock interviews

The hold regular career fairs and other events which you can sign up for and attend.

- **Location:** LSE, Houghton Street, Holborn London, WC2A 2AE.
- **Email:** careers@lse.ac.uk
- **Telephone:** +44 20 7955 7135



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LIFE TIPS



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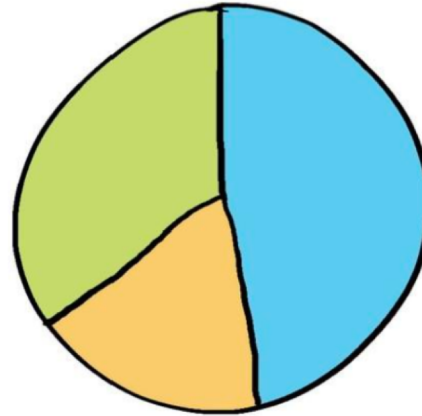
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Impostor Syndrome:

High-achieving individuals are marked by an inability to internalize their accomplishments and a persistent fear of being exposed as a "fraud"...sound familiar?



- PEOPLE WHO GET IMPOSTER SYNDROME
- OTHER PEOPLE WHO GET IMPOSTER SYNDROME
- LITERALLY EVERYONE ELSE (THEY ALSO GET IMPOSTER SYNDROME)

EVERYONE FEELS LIKE AN IMPOSTER
SOMETIMES, AND THAT'S OKAY

ERRANTSCIENCE.COM



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LIVE A BIT!

- LSE has plenty of fantastic **societies** you can join! Some require a nominal fee for the membership, and some are free. Take advantage of your time there to learn a new hobby, skill, or simply debate over a particular topic! Mingle with people from all walks of life and get culturally competent!
- Explore the city! London has so much to offer when it comes to entertainment, culture, food, fashion, cinema, and shopping. You'll be surprised how much you can do even on a student budget! Make sure you get a **Taste Card** and get student discounts at various participating restaurants.
- Take a weekend trip to Brighton, Southend on Sea, Cornwall, or any other closeby town with your friends. Get the **national railcard** so you can save some money.



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HOW TO SURVIVE THE WEATHER

- The best winter wear you can get is probably from North Face/Jack Wolfskin/Mountain Warehouse/Columbia. It can be expensive, but it's worth the investment. Some of these brands are available in Mumbai in stores and online. Shop in Mumbai which has winter wear (Kosha's Travel wear on Linking Road, Mumbai).
- Make sure to invest in a good and sturdy umbrella and always carry it with you. London's weather can be very unpredictable and so even though it may appear sunny when you leave home, you could be in a hail storm in the middle of May on your way back. Also dress in layers.



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THE MUMBAI COMMITTEE



**AMRITA BHATIA
BUBBER**
(CHAIRPERSON)



SONYA MISQUITTA
(COMMUNICATIONS)



SARANSH TIKU
(VICE-CHAIR)



SHARAN AGGARWAL
(STUDENTS AND RECENT GRADUATES)



ANKIT MODY
(EVENTS)

We all wish you the very best, and please do register with us when you graduate!



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