

International Longevity Centre UK

Longevity in research and policy: What happens next

Dr Brian Beach

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ilcuk.org.uk What happens next

Key points for today

- Reframing the longevity revolution
- Key priorities for research and policy
- What happens next





The UK's specialist think tank on the impact of longevity on society and what happens next

- Independent and politically neutral
- Evidence-based research for policy
- Working collaboratively to pioneer solutions for the future





ILC Global Alliance





Reframing the narrative on ageing and longevity





The Observer Ageing	Old people are an increasing burden, but must our young be the ones to shoulder it? <i>Phillip Inman</i>		
♥ @phillipinman Sat 27 Apr 2019 16.56 BST	Incomes for retirees have risen by 60% in 12 years, but by just 36% for the rest. Maybe they should be made to share their good fortune		

Britain's ageing time bomb: Family doctors 'will struggle to meet needs'

FAMILY doctors will struggle to meet the needs of Britain's rapidly ageing population, a new report reveals.

By GILES SHELDRICK PUBLISHED: 00:01, Wed, Feb 28, 2018

Challenging the narrative

News story

Experts to help UK champion ageing society opportunities

Council of advisers set up to help UK seize economic opportunities of ageing society, and Business Champion for the Ageing Society Grand Challenge announced.

Published 30 June 2019 From: Department of Health and Social Care and Department for Business, Energy & Industrial Strategy

$$\label{eq:longevity-the} \begin{split} & \text{Longevity} - \text{the biggest business opportunity} \\ & \text{of the 21st century} \end{split}$$

Industry needs to recognise that ageing is not just a problem, but an opportunity



© Reuters

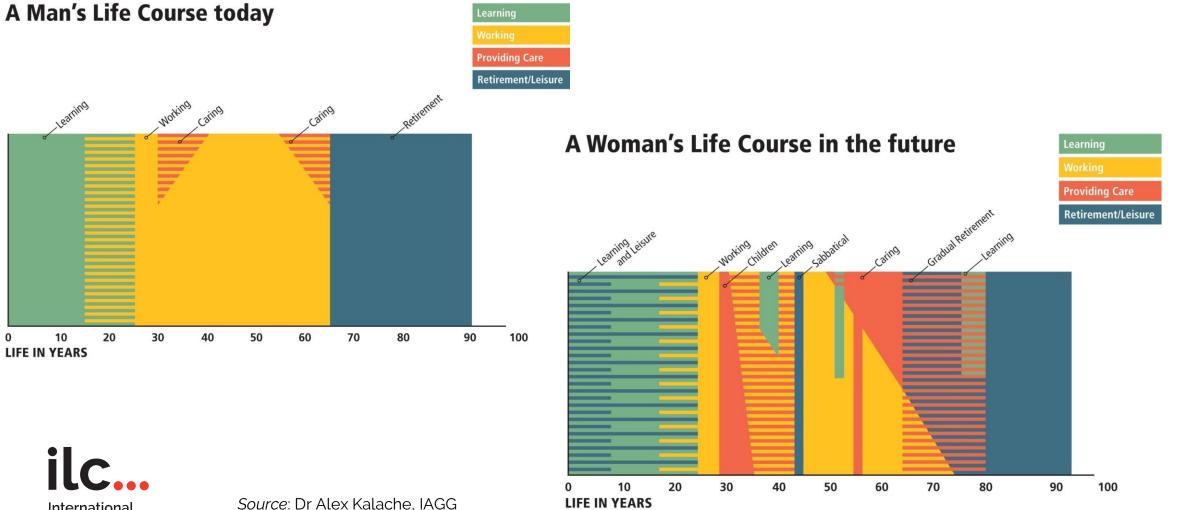
Lindsay Cook DECEMBER 7, 2018

Home , Retirement , Next Avenue GETEMAIL ALERTS Analysts think the aging population is hurting the economy. Here's why they're wrong Published: Sept 4, 2019 10:22 a.m. ET Ma T



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The impact of longevity on society



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Africa Regional Conference

Key priority areas for the future

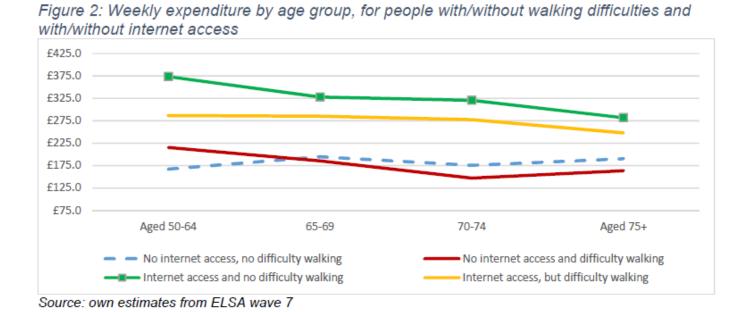
- Maximising the benefits of longevity
- Ensuring longer lives are good for everyone
- Future-proofing policy and practice





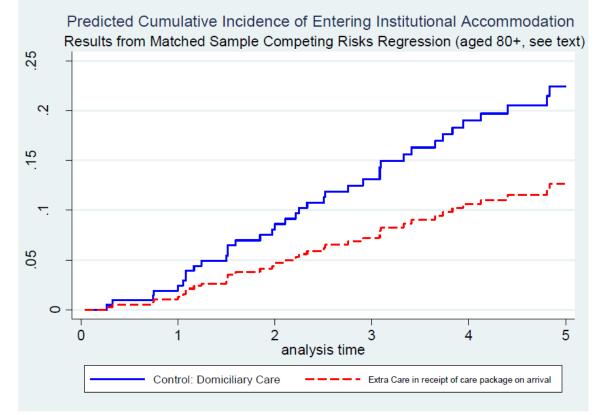


- Ageing & local economies the high street
 - People aged 50+ spend an estimated £314 billion per year, about 43% of total consumption spending (*The Missing £Billions*).
 - Yet spending declines 17.1% between 55 and 75.
 - Barriers go beyond a lack of income.





- Living longer, living well Independence at home
 - 93% of older households (55+) live in mainstream housing (HoC 2018)
 - 5% of 65+ households in all types, est. 0.6-1% in extra care
 - Extra care associated with better health and psychosocial outcomes





Source: Kneale, D. (2011) Establishing the extra in Extra Care. ILC.

• Assets for later life – The Value of Financial Advice (2017)

	Probability of saving in 2012-14	Average financial assets (2012/14)	Average pension wealth (2012/14)	Occupation/ private pension income	Probability of having risky assets
Bassline (all groups)	56.8%	£54,224	£161,248	£4,664	24.8%
Affluent & advised	67.0%	£86,949	£223,711	£6,395	39.1%
Affluent & non-advised	60.3%	£74,586	£192,829	£5,515	29.3%
Average impact on the 'affluent'	6.7pp	£12,363	£30,882	£880	9.7рр
in percentage terms		17%	16 %	16%	
Just getting & advised	60.8%	£49,918	£151,685	£4,409	27.6%
Just getting & non-advised	51.1%	£35,882	£125,826	£3,696	16.8%
Average impact on the 'just getting by'	9.7pp	£14,036	£25,859	£713	£10.8pp
in percentage terms		39%	21%	19%	
All advised	63.0%	£63,218	£177,471	£5,121	31.8%
All non-advised	54.4%	£49,794	£149,814	£4,348	21.3%
Average effect on all	8.6pp	£13,435	£27,664	£773	10.4pp

Table 1: The value of advice in numbers



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Source: Author's calculations from Wealth and Assets Survey (2006-08, 20012-14)



• Ageing & diversity – the myth of the older person





- Ageing & diversity
 - 30% of E&W pop 50+ will be <u>ethnic minority</u> by 2051 (22% for nonwhite), up from est. 12.6% (7.9%) in 2016 (cf. Lievesley 2010).
 - Older <u>LGBT+ people</u> report poorer self-rated health and worse outcomes across many aspects of their lives (cf. Beach 2019).
 - Prevalence of <u>disability</u> is projected to stay constant around 21.6% (2015-25), but absolute numbers will increase (Guzman-Castillo et al. 2017).



• Inequalities in (healthy) life expectancy



Life expectancy and productivity lower in the north than the rest of England

Chris Tighe in Newcastle N	OVEMBER 20, 2018
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Reducing health inequality between northern and southern England would inject as much as £13.2bn into the UK economy annually through increased productivity, new research has claimed.



• Redefining ageing – perceptions and ageism

Flickr/ACT Project Concordia

Britain's AGEISM shame: Carol Vorderman leads backlash at 'nonsensical attacks' from youth

ONE in three Britons admit they have discriminated against someone because of their age, a study reveals.

By SARAH O'GRADY, SOCIAL AFFAIRS CORRESPONDENT PUBLISHED: 00:01, Tue, Aug 20, 2019 | UPDATED: 14:40, Tue, Aug 20, 2019



		Cognitive		Affective		Behavioral	
		Self-directed	Other-directed	Self-directed	Other-directed	Self-directed	Other-directed
Explicit	Positive	1	2	3	4	5	6
	Negative	7	8	9	10	11	12
Implicit	Positive	13	14	15	16	17	18
	Negative	19	20	21	22	23	24



International Longevity Centre UK Source: São José et al. (2017)



• Ageing, work, & retirement



cf. Beach & Bedell (2019) The EXTEND project. ILC.

Source: Holley-Moore et al. (2017) *Working for Everyone*. ILC.





• Ageing & technology – panacea or empty promise?

7,744 views | Feb 1, 2019, 04:39am

'Age-Tech': The Next Frontier Market For Technology Disruption



Tina Woods Contributor ① Healthcare I write about the impact of technology on health, life and society

Automation not seen as threat by majority of UK workers

By Jack Loughran

Published Monday, September 2, 2019



UK workers are generally unconcerned about losing their jobs to robots and are optimistic about the roles that technology will create in the future, according to the recruiter Hays.

SPECIAL REPORT: THE ECONOMICS OF LONGEVITY

Tablets for every problem

New technology for old age

The latest technology is even more beneficial for the old than for the young



ID Print edition | Special report > Jul 6th 2017

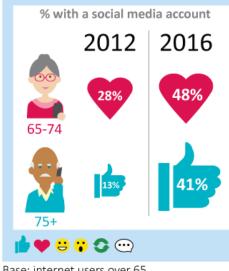
• New relationships, new communities

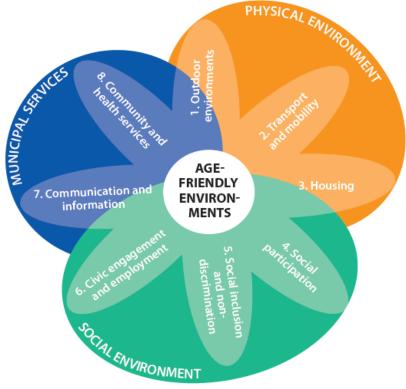


Minister's social care ideas ignore the million childless over-65s

The idea that older people may not have family members who are able to help, or may have no family at all, seems not to have occurred to the government

Social media use among over 65s





Source: WHO (2017) Age-friendly environments in Europe: A handbook of domains for policy action.

International Longevity Centre UK Base: internet users over 65

Source: Ofcom (2017) https://www.ofcom.org.uk/aboutofcom/latest/media/mediareleases/2017/rise-social-seniors

Linking research and policy

Timing



Flickr/Phil Dolby

Targeting



Flickr/Scooter Simpson

Tone





Flickr/Himanshu Ahire

Moving forward

- Do you think about the stakeholders relevant for your work early enough, i.e. in the planning and proposal stage?
- Do you consider what the relevant stakeholders <u>want</u> to hear and what they <u>need</u> to hear for their own work?
- Academic and policy timeframes are different; politics has a rapid pace of change and can suddenly move onto different priorities. Do you have the right collaborative partners?



What happens next



Future of Ageing 2019

Date:

Thursday, 5 December 2019

Time:

9.30am – 5.30pm followed by a short drinks reception

Location: Wellcome Collection

https://ilcuk.org.uk/event-the-future-of-ageing/



International Longevity Centre UK https://ilcuk.org.uk/future-of-ageing-open-slot-abstract-submissions-open/ "What needs to be done to maximise the longevity dividend?" <u>13 Sept</u> deadline!

What happens next

- Let's shift the narrative and language on ageing and get others to do so as well.
 - If we don't...
- Let's challenge our assumptions and those prevalent in policy, e.g. not everyone will reach later life with massive amounts of housing wealth.
- Let's work together to build a society that works for everyone, regardless of their age.





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Thank you

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References

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São José, J., Amado, C., Ilinca, S., et al. (2017) "Ageism in Health Care: A Systematic Review of Operational Definitions and Inductive Conceptualizations," *The Gerontologist*. 0(0): 1-11. doi:10.1093/geront/gnx020

