

CAMILLE BOU

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[LinkedIn](#)

RESEARCH PROJECTS AND EXPERIENCE

NIHR School for Social Care Research (NIHR SSCR)

09/2019 - Present

PhD Candidate

London, UK

- How context shapes the wellbeing and ambitions of young informal carers in the United Kingdom. *Sequential mixed-methods using regression analysis and interviews; stakeholder engagement*
- Ad-hoc reviewing for *International Journal of Care and Caring; Journal of Mental Health Training, Education and Practice; Educational Review*

LSE Care Policy and Evaluation Centre (CPEC)

03/2019 - 09/2019 & 01/2021 - 04/2021

Research Assistant

London, UK

- Reducing Barriers and Improving Access to Support for Young Carers (REBIAS-YC). *Scoping reviews; stakeholder engagement; costing study*
- Drivers of Informal Care Supply: Willingness to Care. *Scoping review; systematic review*

Mental Health Foundation

07/2017 - 10/2017 & 09/2019

Research Assistant

London, UK

- [Engaging with complexity: Providing effective trauma-informed care for women](#). *Scoping review*
- [Thrive LDN: Thriving Communities Workshops](#). *Stakeholder engagement*
- [A Life without Fear? A Call for Collective Action against Learning Disability Hate Crime](#). *Interviews*
→ Inaugurated at the House of Lords on 12/09/2018

UTM Department of Psychology

09/2015 - 04/2017

Undergraduate Research Assistant

Mississauga, Canada

- Less Stress, Better tests: a randomized controlled trial to investigate the impact of Mindfulness-Based Stress Reduction on academic performance. *Quantitative analysis using ANOVA*

EDUCATION

London School of Economics and Political Sciences (LSE)

09/2019 - Present

MPhil/PhD Health Policy and Economics

London, UK

Università Bocconi

03/2021-Present

Advanced topics in social dynamics: Family Demography, Topics in Public Policy

Remotely

London School of Hygiene and Tropical Medicine and LSE

09/2018 - 09/2019

MSc Health Policy, Planning and Financing

London, UK

University of Toronto (UTM)

09/2013 - 04/2017

Honours Bachelor of Sciences, Psychology and Biology for Health Sciences

Mississauga, Canada

PUBLICATIONS

PEER-REVIEWED RESEARCH

Chakkalackal, L., Rosan, C., Corfield, F., Stavrou, S., Kennedy, H., **Bou, C.**, Breedvelt, J. 2021. A mixed-method evaluation of Video Interaction Guidance (VIG) delivered by early years workers in a socially disadvantaged urban community. *Journal of Mental Health Training, Education and Practice*. *Corresponding author*.

REPORTS

The Childhood Trust. 2020. [Children in Lockdown: The consequences of the Coronavirus Crisis for Children Living in Poverty](#). *Contributor*.

WORKS IN PROGRESS

Stevens, M., Brimblecombe, N., Wittenberg, R., **Bou, C.** Thinking about caring for older relatives in the future: A qualitative exploration. *Revise and Resubmit*.

Bou, C. What determinants are associated with the adoption of caring by young people aged 25 and below?

Bou, C. What are the determinants of care-related burden among young informal carers? A scoping review.

Bou, C. Factors associated with the quality-of-life of young informal carers: a systematic review.

GRANTS

Doctoral Studentship (~ £70,000), NIHR SSCr, 2019

Internship Award for MSc Dissertation (~ £3,500), NIHR SSCr, 2019

LSE Student Union Funding for Health Society: Student Fund (£3,000), Activities Fund (£500), 2019

Undergraduate Entrance Scholarship (1,000 CAD; 625/11,617 admissions), UTM, 2013

AWARDS & ACHIEVEMENTS

Excellent PhD Academic Representation Award, LSE Student Union, 2021

World Champion Team ([Representing United Kingdom](#)), World Evaluation Case Competition, 2020

Gordon Cressy Student Leadership Award, University of Toronto Alumni Association, 2017

Principal's Involvement Award and Student of the Month (January), UTM, 2017

Rugby World Cup Bronze Medalist ([Representing Singapore](#)), Federation of International Touch, 2011

CONFERENCES & PRESENTATIONS

NIHR Academy Doctoral Research Training Camp: Applying for further funding, 2021

International Young Carers' Conference, 2021

Sustainable Care Conference: challenges and solutions for a sustainable future, 2021

NIHR SSCr Annual Conference, 2021

NIHR SSCr Webinar Series, October 2020

UK Ireland Marcé Society Annual Meeting, 2017

UK Maternal Mental Health Alliance Annual Conference, 2017

All-Party Parliamentary Group on Baby Loss and Maternity, 2017

TEACHING AND LEADERSHIP EXPERIENCE

LSE Department of Methodology

Graduate Teaching Assistant, Introduction to Quantitative analysis

→ Candidate for the Postgraduate Certificate in Higher Education

09/2021 - Present

London, UK

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| LSE Student Union <i>Postgraduate Research Students' Officer</i> | 10/2021 - Present <i>London, UK</i> |
| LSE Journal of Health Policy and Economics <i>Co-Founder & Deputy Editor-In-Chief</i> | 03/2020-Present <i>London, UK</i> |
| LSE Equity Diversity and Inclusion Office, LSE <i>Equity Assessor</i> | 07/2020 - Present <i>London, UK</i> |
| LSE Department of Health Policy <i>Student Representative</i> | 10/2018 - 09/2021 <i>London, UK</i> |
| LSE Department of Law (Taxation) <i>Personal Assistant</i> | 12/2019 - 12/2020 <i>London, UK</i> |
| LSE Student Union, Health Society <i>Vice President, Operations & Logistics</i> | 10/2018 - 10/2019 <i>London, UK</i> |

TECHNICAL SKILLS

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| Computing | NVivo, Stata, R (basic), LaTeX, HTML, Microsoft Office, iWork, Zoom, Mendeley |
| Methods Training | Research Design for Policy and Programme Evaluation, Randomised & Economic Evaluations of Health Interventions, Economic Evaluation, Health Economics, Applied Econometrics (Audit), Regression Analysis, Survey Methodology, Qualitative Methodology, Systematic Review and Meta-Analysis, Multilevel Modelling (Audit) |
| Languages | French (Native), English (Fluent), Mandarin Chinese (basic), Spanish (basic) |