

**Naseem Naushad Jivraj**  
**Mobile: +44 7818 038249**

### **Academic Qualifications**

- 2018 PhD Student, Department of Anthropology  
Study of migrant South Asian women in transnational family breakdown.  
London School of Economics & Political Science, UK (ongoing)
- 2017 Master of Research **Merit**  
London School of Economics & Political Science, UK
- 2015 MSc Social Anthropology (Learning & Cognition) **Merit**  
London School of Economics & Political Science, UK
- 2014 Postgraduate Certificate in Personal & Professional Coaching **Distinction**  
Chester University and Barefoot Coaching, UK
- 2011 BA Honours in Professional Practice (Arts, Education & Pluralism) **First**  
Middlesex University, UK

### **Professional Training and Qualifications**

- 2019 Foundation Certificate in Counselling Skills. wpf-therapy
- 2016 Intergenerational Mobility Mentoring. EMPATH Mobility Mentoring Pathways, USA
- 2015 Certificate in Refugee Care. Tavistock NHS Trust & Essex University, UK
- 2014 Parent Group Leader Training Programme. Incredible Years, USA (6-12 years)
- 2013 Accredited Workplace Mediator. ADR Group, UK
- 2013 Foundations of Systemic Practice Application & Skills. Association of Family Therapy
- 2009 'Expressions of Diversity' two-week intensive course on Muslim cultures. Institute for the Study of Muslim Civilisations, UK
- 2005 Foundation Level Teacher Training at the Ismaili Centre, London, UK

### **Specialist Areas**

#### **Public Speaking**

I deliver Ted Talk type presentations on Emotional Intelligence taking a bio-psycho-social approach to my content.

- 2016 Wellness Conclave in Chennai, India
- 2017 International Women's Day, Ismaili Centre, London
- 2018 Mental Health Awareness, Asian Community, London  
International Women's Day, DAWN Centre, London

#### **Presenting Workshops**

I deliver workshops on emotional intelligence, wellbeing, positive thinking, empathy & confidence building

- 2016 Baytree Centre, Brixton (40 participants)
- 2017 Ismaili Centre (10 participants)  
ESF, Nottingham (20 participants)  
North West JK (6 sessions, 22 participants)

2018 Putney (30 participants)  
2019 London, ESF, Nottingham, Geneva, Lisbon (100+ participants)  
Hillingdon Women's Centre (10 participants) ongoing

### **Psychosocial Support**

Position: Volunteer Therapist, working with women victims of physical, sexual, economic and psychological abuse (9 individually, 15 group work)  
Employer: Refugee Council, Stratford, London  
Dates: Jan 2016-July 2017

Position: Volunteer, National Domestic Abuse Helpline  
Employer: Refuge  
Dates: 2020-2021

### **Life Coaching**

Position: Life Coach  
Employer: SEIDs, London  
Dates: June-Aug 2019

Position: Life Coach  
Employer: Oxfam - GB, London  
Dates: Sep-Dec 2018

Position: Life Coach  
Employer: Baytree Centre for Women and Children, London  
Dates: Jan 2016-2017

Position: Life Coach  
Employer: Hillingdon Women's Centre, London  
Dates: Nov 2019 ongoing

### **Mentoring**

Position: Volunteer Mentor for students aged 13-16 years in local schools (5 students)  
Employer: Westminster Council, London  
Dates: 2006-2007

### **Teaching & Administration**

Position: Teacher & Administrator  
Employer: Tariqah & Religious Education Board for UK (ITREB).Ismaili Centre, London  
Dates: Teacher: 1990-2000, Administrator: 1991-1992

### **Leadership & Collaboration: Community Arts & Music-making**

I design, produce and project manage innovative high profile and grass root projects, locally and internationally.

### **Founder, Zamana Foundation, UK registered charity – promoting cultural pluralism through the arts (2009)**

Delivered cross-cultural music-making projects in UK, UAE, Afghanistan

### **Collaborations**

UK: Guildhall School of Music and Drama, the Royal Philharmonic Orchestra, The Royal College of Music, Arts Council and Prince's Trust.

UAE: Local charities.

Afghanistan: Afghanistan National Institute of Music (ANIM), Aga Khan Music Initiative for Central

Asia (AKMICA) and Roshan Telecommunication.

Students: 300 who learnt music-making and cultural understanding through the arts.  
Audience: 500 family and friends viewed the concerts produced by the students.

- **Produced 'Flow' to celebrate the 25<sup>th</sup> Anniversary of the Ismaili Centre, London. (2010)** - a special musical rendition incorporating the voices, songs, words and melodies of the Ismaili community with composer Craig Vear.

1500 members of the public attended the performance at the Ismaili Centre

- **Produced 'Armaghan', a 'musical gift' for His Highness the Aga Khan for his Golden Jubilee (2008)** - a special performance with composer Ian Wilson and Ismaili musicians.

Performed for his Highness and Community leaders, leather bound score presented to His Highness as a gift at the performance.

- **Established Ismaili Community Ensemble (2007, ongoing)** to mark the Golden Jubilee of the Aga Khan, spiritual leader of Ismaili Muslims worldwide. Provides the members of the Ismaili community with a music-making project as a platform to nurture personal potential, community spirit, cultural awareness and promote pluralism by bringing together musicians and musical genres from different cultures.

Collaboration: Royal Philharmonic Orchestra UK, Aga Khan Music Initiative for Central Asia (AKMICA) and local Jewish/Christian Ensembles.

Outcomes: Annual concert in prestigious concert halls in London and smaller performances year-round.

Audience reached: Over 10,000

Participants: Over 300, with members still in the band since its inception in 2007

Repertoire: New compositions, rearrangements of Ismaili devotional renditions. Created performances with Dance.

- **Produced Exhibition Road Music Day for the Ismaili Centre (2007-2011)** as part of Exhibition Road Cultural Group, designed and delivered music, art, storytelling and dance performances and workshops for the Ismaili Centre London to promote Muslim Cultures.

Audience: General public, increased attendance from 250 to 1500 by 2011.

Performance: Over 15, mainly musical performances

Workshops: Over 20 in music, visual arts and storytelling

- **Established the Ismaili Arts Initiative to promote Muslim cultures in the Ismaili community (2007-2011)** music, visual art and storytelling.

Adult workshop: Over 100 participants

- **Launched 'Expressions' for community artists (2005)** redesigned the "Grand Variety Talent Show" to mentor Ismaili artists from the UK and Europe and showcase their talent at a prestigious hall in London.

Audience: 800 Participants: 60 from UK and Europe

- **Produced Children's Choir and Orchestra Ensemble for His Highness the Aga Khan during his visit (1994)** - performed at Grosvenor House Hotel for his Highness the Aga Khan.

### Team work

- **Member of Steering Committee for Jubilee Jamboree. Responsible for Marketing (2007)**

Participants: 1,000 children to celebrate the Golden Jubilee of His Highness the Aga Khan.