

LSE Nursery Menu

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Chicken Balti (V) Vegetable & red kidney beans curry * salad 	Beef Casserole (V) Vegetable & puy lentil casserole * Mashed potato & vegetables	Spaghetti Carbonara with roasted vegetables & mushrooms * salad 	Shephards pie or (V) vegetable & green lentil pie 	(V) Vegetable & red kidney beans Jambalaya 
Pudding	Semolina with Strawberry Jam 	Banana's and custard 	Banana cake 	Seasonal fruit salad 	Mixed Fruit Yogurt 
Tea	(V) Cheese and Tomato Pizza Celery Sticks Fruits Milk 	Breaded Cod Fish Fingers and Hash browns * Cucumber Houmous Fruits Milk or Water	Beans on toast Carrot Sticks Fruits, Milk/Water 	(V) Homemade Red Lentil Soup * Bread/butter Cherry tomatoes * Milk & Fruits	Egg/Mayo sandwiches * Cherry Tomatoes Fruits, Milk or Water