









# LSE Nursery Menu

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Chicken pasta bake (V)pasta vegetable bake with red kidney beans * Mixed Salad 	Meat Balls/(V) Quorn Balls in tomato sauce with Tagliatelle * Salad	Chicken & Vegetables in Tortilla wraps (V) Vegetables in a tortilla wrap with cheese * Rice * Salad	(V) Vegetable and chick peas curry * Rice 	(V) Baked jacket potatoes with cheese, baked beans & tuna/mayo 
Snack	A variety of snacks served everyday throughout the week include: rice cakes, fresh fruits, breadsticks & raw vegetables				
Pudding	Semolina 	Fresh pears with natural yoghurt	Rice Pudding 	Apple Crumble & Custard	Sliced Peaches
Tea	(V)Egg & cucumber sandwiches Cherry tomatoes * Fruits Milk or Water	(V) Spanish egg & milk omelette Cherry tomatoes * Wholemeal bread & butter/boiled potatoes (to be alternated weekly) * Fruits * Milk or Water 	Tuna & Cucumber sandwiches * Carrot sticks, Fruits. Milk or Water 	(V) Homemade tomato soup * Wholemeal bread and butter/Wholemeal Pasta (to be alternated weekly) * Cucumber sticks, fruits Milk or Water 	Porridge with milk * Cherry tomatoes Fruits. Milk or Water