

Stair climb

Department -International Development

Project Area - Staff engagement, Carbon

Summary - As part of their Green Impact project the International Development organised a 'Stair climb challenge'. The department who are located on floors 6, 7 and 8 of Connaught House, set a challenge to climb the equivalent of Mount Everest within the Lent term. This equated to – 295 times from ground to 8th floor of Connaught House. The staff rose to the challenge with great enthusiasm, and met their goal of climbing the equivalent of Everest in terms of height (obviously slightly less troublesome conditions than most Everest mountaineers experience!) reaching 2,667 floors on foot (10 kilometres) in just over a month and saving over 100kg of CO₂. The staff in International Development are already looking forward to seeing how much further they can ascend and what else they can achieve in their pursuit of environmentally friendly goals.