



GARRICK MENU – Ground Floor

Hot Drinks

Organic Coffee:

Americano
Cappuccino
Latte
Flat White
Café Mocha
Decaf
Espresso/Macchiato
Extra Shot

Caffeine Free:

Chai Latte (Spiced/Green/Vanilla)

Others:

Hot Chocolate
Steamed Milk
Hot Water
Syrup Shot

Teas:

Regular
Solaris Organic Teas

Early Bird Special 8.00am – 9.30am – sQuid Only

Any Regular Hot Drink

Iced Drinks:

Iced Tea
Americano over Ice
Blended Coffee
Frappe – Fruit or Mocha
Glass of Milk

Cold Drinks:

Mineral Water
Bottled Coke/Diet Coke/Coke Life
San Pellegrino
Johnson's Fruit Juice
Juicy Water
Vita Coco Coconut Water
Innocent Smoothies
Savse Vegetable Smoothies
Vita Coco Latte/Mocha

Freshly Baked Pastries (VO)

Plain Croissant
Sweet Pastry Selection
Pasties – Savoury
Hot Filled Savoury Croissant
Hot Savoury English Muffin
Cornish Pasties

Fruits and Yoghurts:

Breakfast Brain Booster
Fresh Fruit Salad Pot
Moma Oatie Shake
Fresh Sliced Mango and Lime Pot
Rachels Organic Yoghurt
Fresh Fruit

Sandwich Selection (VO)

Handmade Gourmet Sandwiches & Paninis
Pre-packaged Sandwiches & Wraps

Homemade Soup (VO)

Soup
Soup with Bread
Portion of Bread

Salad and Sushi (VO)

Handmade Boxed Salads
Sushi
Rice Boxes

Snacks and Biscuits:

Cookies
Tregoes Waffles
Biscotti
Organic Biscuits
Selection of Assorted Nuts, Seeds & Fruit
Grown Up Chocolate Bars
Popchips
Proper Corn

Cakes:

Portuguese Custard Tarts
Slab Cakes/Gluten Free Cakes
Muffins
Luxury Cakes

(V) = vegetarian, (VO) = vegetarian option available

Debit/Credit Cards – minimum spend £5.00
LSE ID Card with sQuid – no minimum spend