



## GARRICK MENU – Downstairs

### Breakfast Menu: *served between 8.00am – 10.30am*

Fresh Fruit Bircher  
Bacon or Sausage Bloomer  
Bacon & Egg Bloomer  
Sausage & Egg Bloomer  
American Style Triple Stack Pancakes with Bacon or Sausage  
American Style Triple Stack Pancakes with Fruit & Yoghurt  
Eggs Benedict  
Mushroom Benedict  
Smoked Salmon & Scrambled Eggs

### Lunch Menu: *served between 12.00 – 2.30pm*

#### Salad Bar:

Plated Individual Salads – Meat, Fish or Vegetarian (*one bowl/one visit – as much as you want*)

#### Homemade Soup *with bread*

#### Hot Main Meals: *3 single plate or bowl choices – one price*

Meat, Fish or Vegetarian

Halal/Kosher Dish including two vegetables (prepared to order)

#### Sweets:

Fresh Fruit Bircher  
Selection of Cold Sweets  
Fresh Fruit Salad  
Fresh Fruit

#### Drinks:

Mineral Water  
San Pelligrino  
Bottled Coke/Diet Coke  
Johnson's Fruit Juice

Juicy Water  
Vita Coco Coconut Water  
Innocent Smoothies