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**From:** Econ.Green  
**To:** Econ.Staff; Econ.AllPhD; programme\_allmresphd@econ.lse.ac.uk  
**Subject:** Green for Beginners – Christmas edition

### Christmas is coming!



If you are looking for Christmas presents, why not look into **eco-friendly gifts**?  
(Just search for 'eco-friendly gifts' online – the list of results is endless!)

### Miriam's beauty tips:

Lips have no sebaceous glands, so no natural moisture to protect them.  
In winter they can get really dry and chapped.  
Use natural remedy: **apply a thin layer of honey before going to bed.**  
It helps moisturising and repairing the cracks.  
When going out apply a natural lip balm or coconut oil.



If you are considering giving **perfumes or aerosol body sprays** as a gift,  
be aware that they can trigger symptoms in the asthmatic and chemically sensitive people.  
There are plenty of natural or organic alternatives to consider that may be more gentle.

### New Year's Green Resolutions:

The team's **New Year's Resolution** is to **Keep Going Green!**  
Have you thought about yours?  
**Please let us know!**



### Please note!

Before you leave the office for Christmas make sure **all electrical equipment**, PCs, printers, lights are **switched off**.



*With many wishes for the New Year!*

Many thanks,  
The Green Team of the Department (Miriam, Rachel, Gary, Daria and Kalliopi)  
Further information: [LSE Green Impact initiative](#), [Department of Economics Green Impact](#)