



The Department has received the **Silver Award** in **LSE's Celebration of Sustainability** for 2014-2015!

[Read more.](#)



#### GREEN EVENT

[Carshalton Lavender Annual Harvest and Pick Your Own Event](#)

Date: Saturday 25 July to Sunday 26 July 2015

Time: 10:00 - 16:00 each day, last entry 15:30

(photo credit:CC BY-SA 3.0 Riley Huntley)



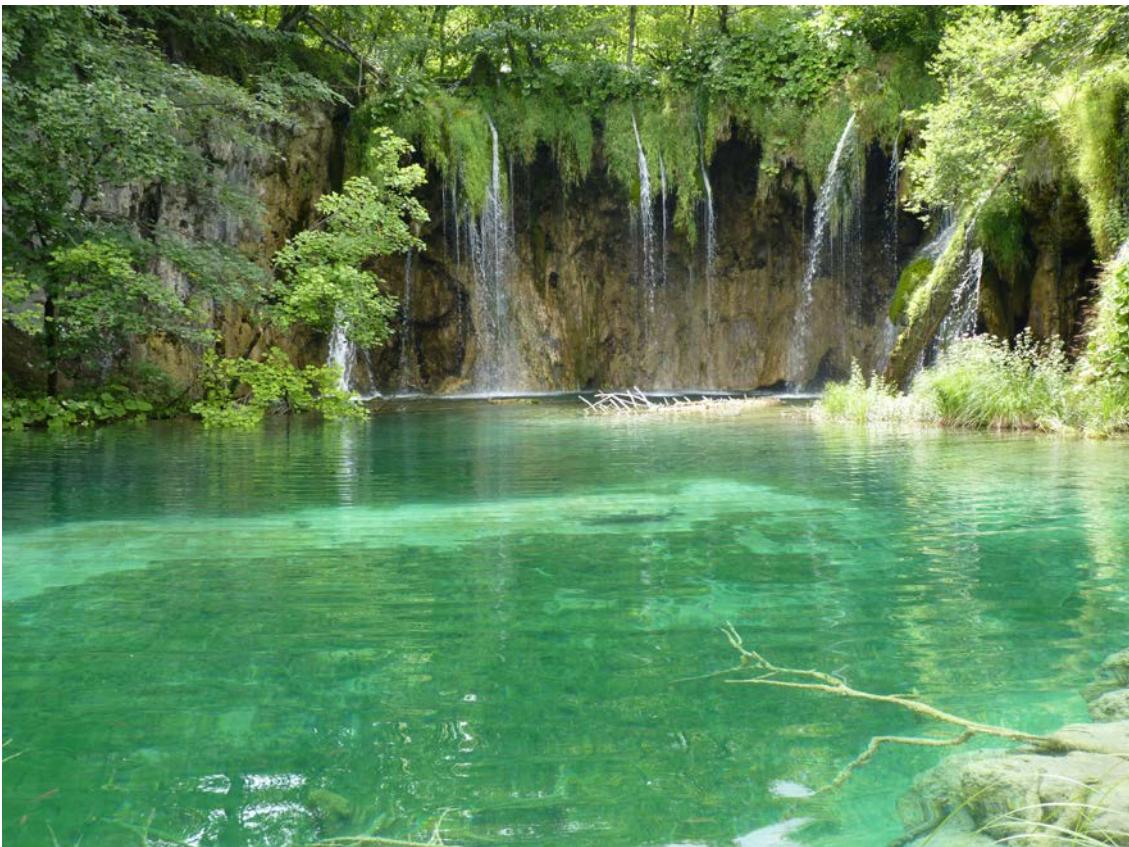
**MIRIAM'S BEAUTY TIP** for hot summer days: To calm down irritated red skin and small rash from the sun use ice cubes. Massage the ice around your face and neck until it melts. Ideally, apply morning and evening on clean skin. Cold green tea used as spray or wash also helps to calm the skin.

(photo credit:CC BY 2.0 Steven Depolo)



**DARIA'S HEALTH TIP:** Although oregano contains the vitamins and nutrients required by the immune system, its primary benefits are owed to its carvacrol and rosmarinic acid content. Both compounds are natural decongestants and histamine reducers with direct, positive benefits on the respiratory tract and nasal passage airflow. The oil of oregano fights off the dangerous bacteria *Staphylococcus aureus*, better than the most common antibiotic treatments.

*(photo credit: CC0 Public Domain)*



Have a lovely **summer!**

*(photo credit: CC BY-SA 3.0 Michal Klajban)*

Many thanks,

The Green Team of the Department (Miriam, Rachel, Gary, Daria and Kalliopi)  
Further information: [LSE Green Impact Initiative](#), [Department of Economics Green Impact](#)