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Subject: Green for Beginners – Lent Term 2015

RECYCLING PLASTIC

Plastic symbols explained: Plastic items with the symbols below are recyclable. For information about numbers 4 to 7, visit [Recycle More](#).

Symbol	Polymer type	Examples	Recyclable?
	PET Polyethylene Terephthalate	Fizzy drinks Mineral water bottles Squashes Cooking oils	 Recycling points are located throughout the UK
	HDPE High Density Polyethylene	Milk bottles Juice bottles Washing up liquid Bath & shower bottles	 Recycling points are located throughout the UK
	PVC Polyvinyl Chloride	Usually in bottle form however not that common these days	 Some Recycling points in the UK

Recycling CDs and DVDs at LSE



CDs and DVDs collection points:

- SU reception, East Building
- Lobby, Library
- Receptions, LSE halls of residence
- Staff can send non confidential CDs and DVDs via internal mail to the Sustainability Team in NCT or contact their [IT User Support Team](#) for disposal of any confidential media storage devices (CDs and DVDs, USBs, video and audio tapes, etc.)

Events

Acupuncture Awareness Week is 2-8 March 2015

Did you know that acupuncture is over 5,000 years old! It's one of the oldest forms of complimentary treatment to date.

[LSE Treatment clinic offers acupuncture sessions on Wednesdays and Fridays. More information.](#)

Ecobuild Show 3-5 March 2015, Excel London

The sustainable design, construction and energy event for new build, refurbished, commercial and domestic buildings. [More information.](#)



Daria's health tip

An effective way of using lemons at home: Fruit and Vegetable Wash
You never know what kind of pesticides or dirt may be lurking on the skin of your favourite fruits and vegetables.

Slice your lemon and squeeze out one tablespoon of lemon juice into your spray bottle.

The lemon juice is a natural disinfectant and will leave your fruits and vegetables smelling nice too.

Many thanks,

The Green Team of the Department (Miriam, Rachel, Gary, Daria and Kalliopi)

Further information: [LSE Green Impact initiative, Department of Economics Green Impact](#)