
From: Econ.Green
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Subject: Green for Beginners – Christmas edition

Christmas is coming!



If you are looking for Christmas presents, why not look into **eco-friendly gifts**? (Just search for 'eco-friendly gifts' online – the list of results is endless!)

Miriam's beauty tips:

Lips have no sebaceous glands, so no natural moisture to protect them. In winter they can get really dry and chapped. Use natural remedy: **apply a thin layer of honey before going to bed.** It helps moisturising and repairing the cracks. When going out apply a natural lip balm or coconut oil.



If you are considering giving **perfumes or aerosol body sprays** as a gift, be aware that they can trigger symptoms in the asthmatic and chemically sensitive people. There are plenty of natural or organic alternatives to consider that may be more gentle.

New Year's Green Resolutions:

The team's **New Year's Resolution** is to **Keep Going Green!** Have you thought about yours? **Please let us know!**



Please note!

Before you leave the office for Christmas make sure **all electrical equipment**, PCs, printers, lights are **switched off.**



With many wishes for the New Year!

Many thanks,
The Green Team of the Department (Miriam, Rachel, Gary, Daria and Kalliopi)
Further information: [LSE Green Impact initiative](#), [Department of Economics Green Impact](#)