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### Confidential waste vs Recycling 0-1

A lot of confidential waste ends up in recycling and there's been confusion about what to do but fear no more! Just call the **departmental office** at x7542/6426 or email: [econ.office@lse.ac.uk](mailto:econ.office@lse.ac.uk)



Confidential waste



Recycling

### Daria's banana summer tips!

Mosquito bites: rub the affected area with the inside of banana skin – it reduces swelling and irritation

Temperature control: many cultures see bananas as a 'cooling fruit' that can lower both the physical and emotional temperature of expectant mothers

SAD: bananas help SAD sufferers because they contain the natural mood enhancer, Tryptophan.

More [here](#).



**Miriam's green beauty tip:** For hot days: If you suffer from small rash or spots from the heat and sun, massage your face with ice. The best time to apply ice on your face is in the morning when you wake up, before you put a moisturiser or any cream. It will hydrate your skin, calm down the rash and boost circulation. You can do this beauty regime as long as you like because it works well for any type of skin.

Many thanks,

**The Green Team** (Miriam, Siân, Daria, Sam, Kalliopi)

For further information about the LSE Green Impact initiative have a look [here](#).