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Subject: Green for Beginners 5

BRONZE AWARD!



Last week at the LSE Sustainability Event, the Department got a **Bronze Award** due to all your efforts to be **green!**

Despite our initial declaration of not caring about awards, we could not resist the temptation to include a photo of the award 😊



Sponsored by **Friends of the Earth**, the [UK Green Film Festival 2014](#) celebrates seven international award-winning films, exploring some of today's big environmental issues.

Taking place from 1 - 8 June, the films will be screened across 17 venues in 15 cities across the UK.

Miriam's green cleaning tip: Do you have too much limescale in your kettle? Use cider vinegar to remove it. Simply fill the kettle with water, add 5-7 table spoons of cider vinegar, boil the water and ideally leave overnight to work. Wash and rinse in the morning, limescale should be gone.



Daria's green beauty tip: Stressed out and don't have time for massage, facial or visit to the spa? Cut up an entire cucumber and place it in a boiling pot of water, the chemicals and nutrients from the cucumber will react with the boiling water and released in the steam, creating a soothing, relaxing aroma that has been shown to reduce stress in new mothers and college students during final exams.



Many thanks,
The Green Team (Miriam, Siân, Daria, Sam, Kalliopi)
For further information about the LSE Green Impact initiative have a look [here](#).