

## **Child and adolescent mental health in enlarged EU: Development of effective policies and practices (CAMHEE)**

Led by State Mental Health Center, Lithuania, the project aims to trigger positive changes in EU Member States and candidate countries in the field of child and adolescent mental health (CAMH) actions and practices. To achieve this, the project has four main objectives:

1. To create a network of partners within the European Union to encourage adoption and implementation of modern effective public health approaches.
2. To develop guidelines and recommendations for national and municipal (regional) policies in participating countries in the field of CAMH based on evidence obtained through the independent analysis of country situations, including the analysis of context, resources, processes and outcomes.
3. To initiate and support activities in new and applicant member states in the field of CAMH, with special focus on implementation of effective and evidence-based policies and practices based on involvement and participations of children, families and communities.
4. On the basis of information, share experience by networking, to advise the European Union and member states on mental health promotion (MHP) and mental disorder prevention (MDP) among children and adolescents, with special focus on management of changes needed in new member states to move from inherited patterns of institutionalization and medicalization to modern public health approaches based on involvement of children, youth, parents and communities.

Further information available on the project website <http://www.camhee.eu/>.

### **Project dates**

January 2006 – June 2009

### **Funder**

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### **Research team**

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### **Research outputs**