

The Origins of Happiness: Andrew Marr in conversation with Richard Layard

#LSEhappiness

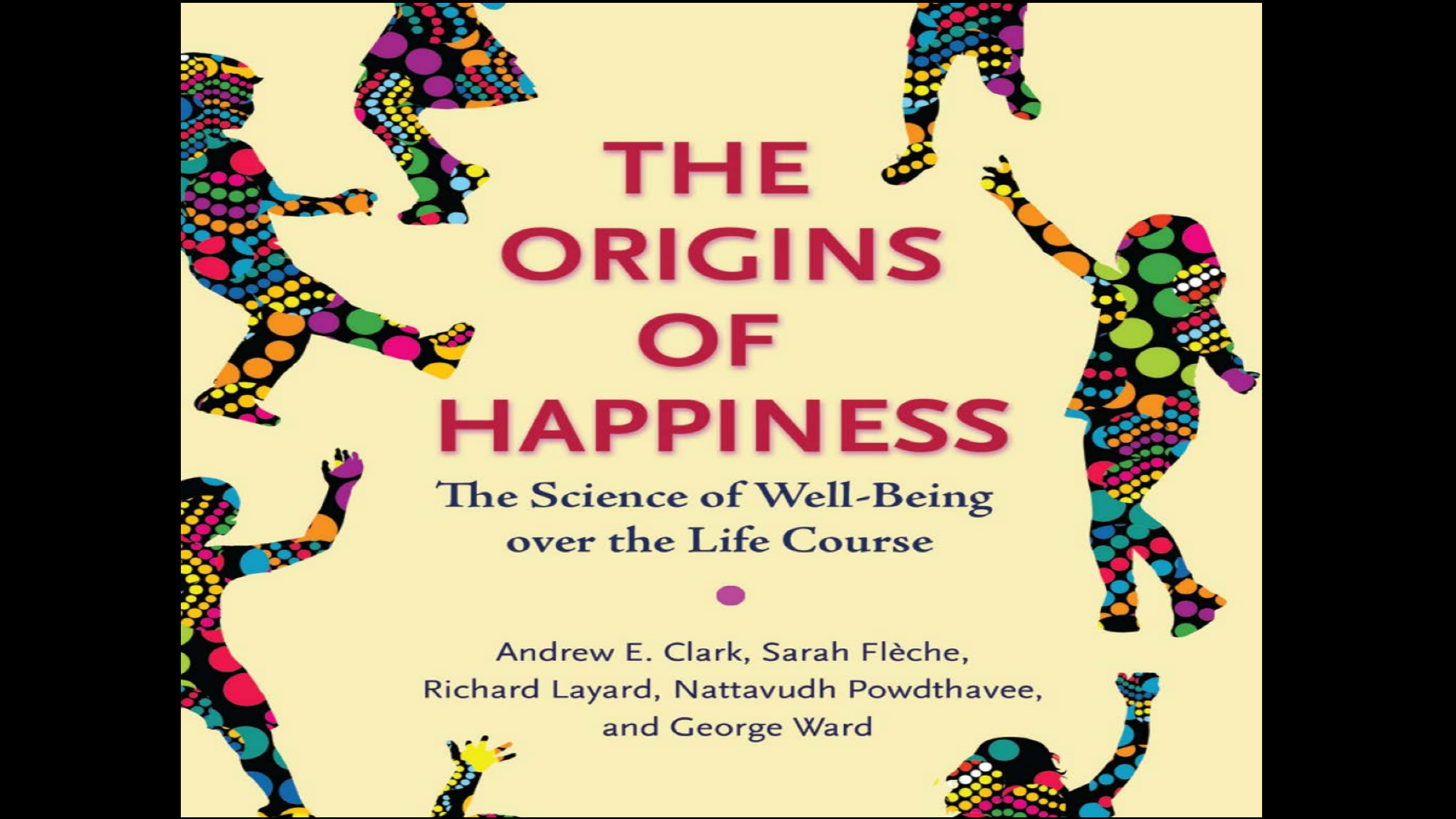
Professor Lord Layard

Director of the Wellbeing program at the Centre for Economic Performance, LSE.

Chair: Andrew Marr

Host of *The Andrew Marr Show* on BBC One and BBC Radio 4's *Start the Week*.

Hosted by the Centre for Economic Performance

The background of the cover features several stylized human figures in various poses, rendered in black silhouettes filled with a vibrant, multi-colored polka-dot pattern. The dots are in shades of red, blue, green, yellow, and purple. The figures are scattered around the central text, with some appearing to be in motion, like jumping or dancing. The overall aesthetic is playful and energetic.

THE ORIGINS OF HAPPINESS

The Science of Well-Being
over the Life Course



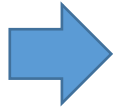
Andrew E. Clark, Sarah Flèche,
Richard Layard, Nattavudh Powdthavee,
and George Ward

CHILDHOOD

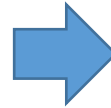
ADOLESCENCE

ADULT LIFE

**FAMILY
SCHOOL**



**QUALIFICATIONS
BEHAVIOUR AT
16
EMOTIONAL
HEALTH AT 16**



**INCOME
EMPLOYMENT
WORK
PARTNERED
CRIME
PHYSICAL HEALTH
MENTAL HEALTH**



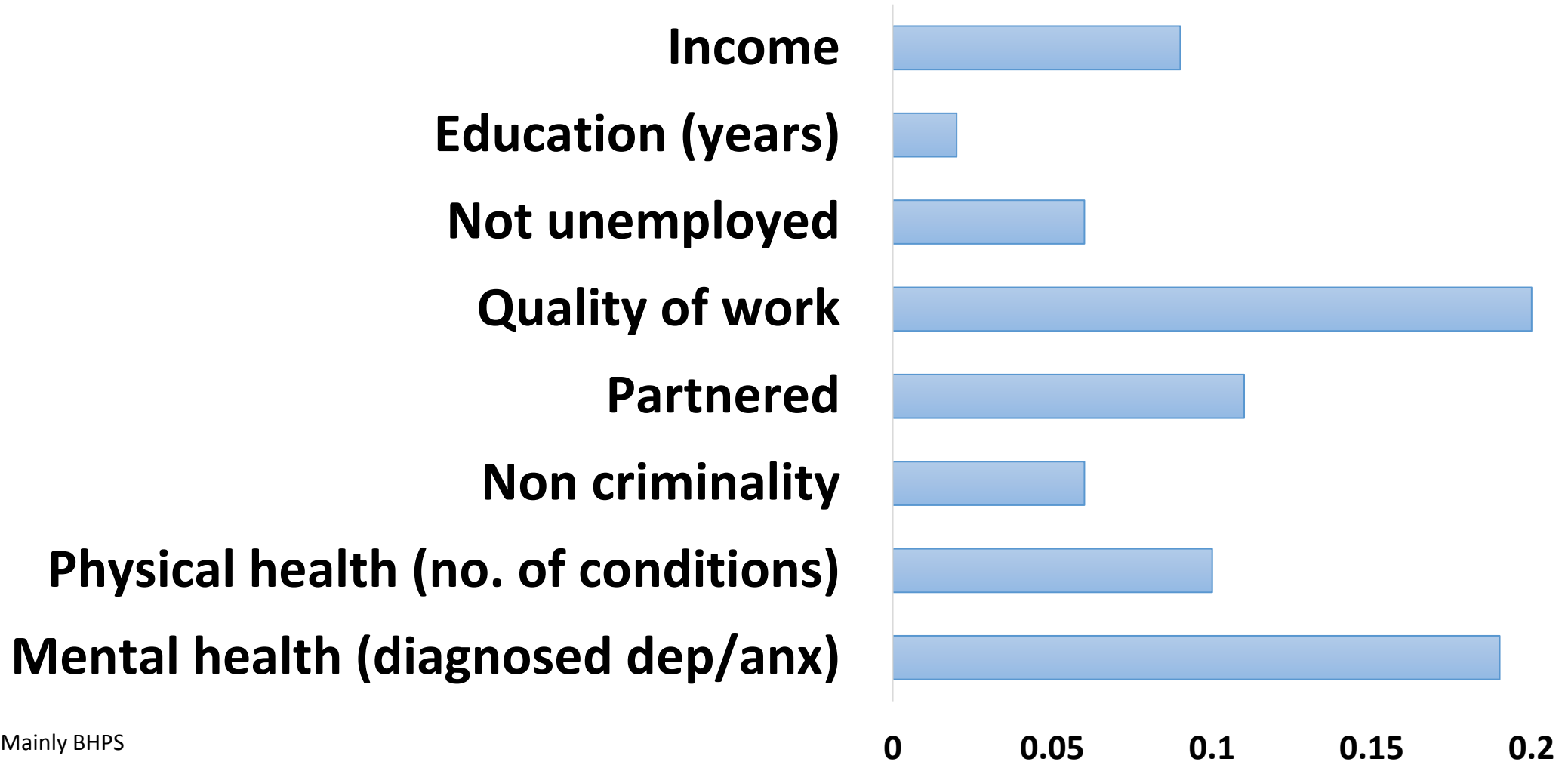
**ADULT LIFE -
SATISFACTION**

SURVEYS USED

- **British Household Panel Study (annually from 16)**
- **British Cohort Study (born in 1970)**
- **ALSPAC (born in 1991/92)**
- **Other rich countries**

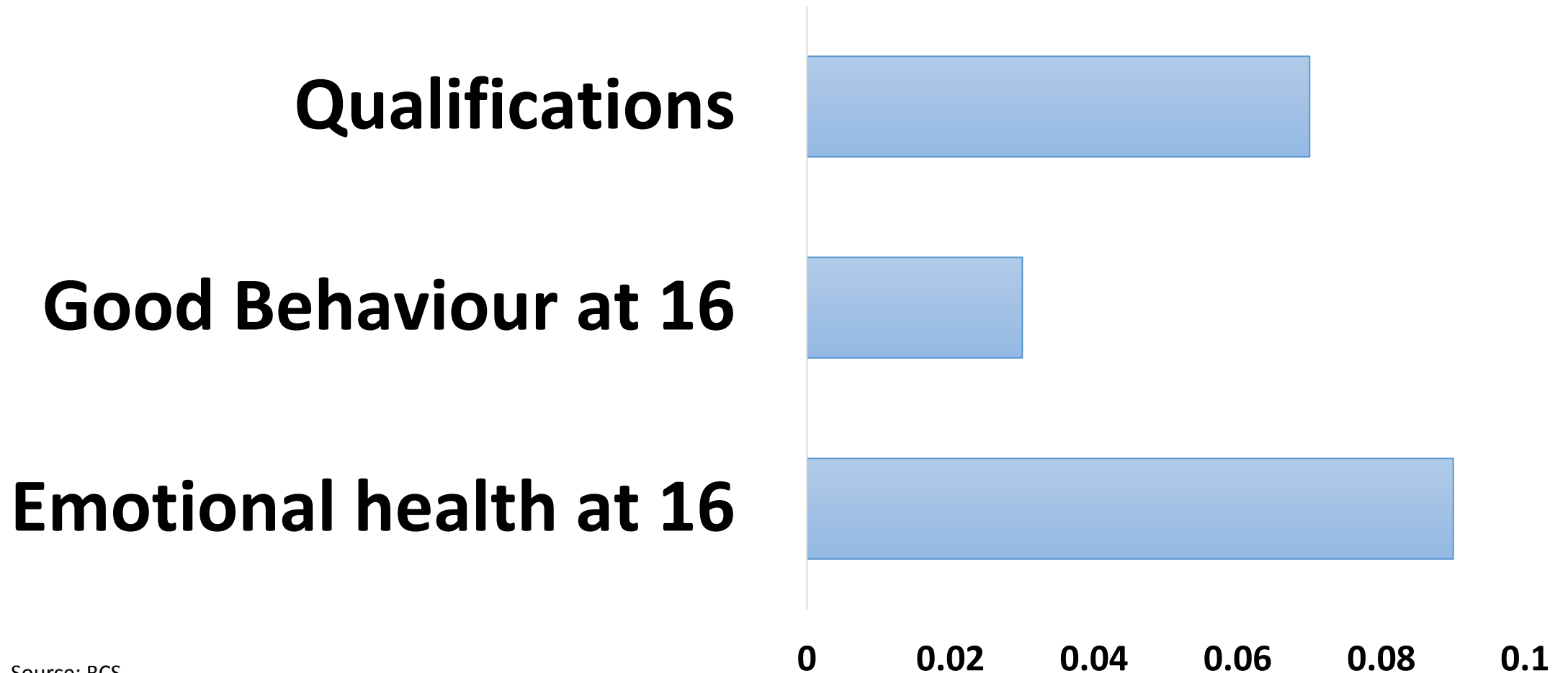
WHICH CURRENT CIRCUMSTANCES EXPLAIN LIFE-SATISFACTION?

(Partial correlation coefficients)



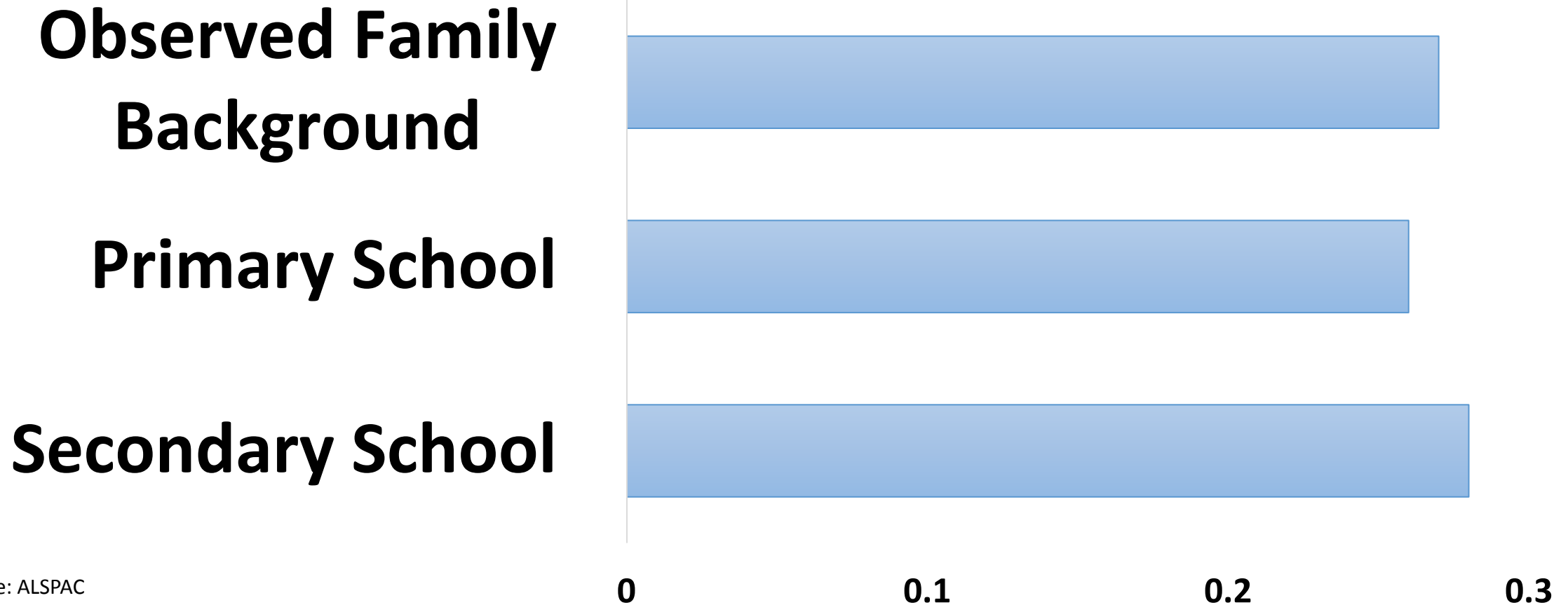
WHICH ASPECTS OF CHILD DEVELOPMENT BEST PREDICT ADULT LIFE-SATISFACTION

(Partial correlation coefficients)



WHAT PREDICTS EMOTIONAL HEALTH AT 16?

(Partial correlation coefficients)



POLICY

Aim at greatest happiness (with extra weight to reducing misery).

- **More redistribution, due to declining marginal effect of income.**
- **More policies to help improve personal skills (mental health, parenting, partnering, helping others).**

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